

PĀNUI

April 2021

Newsletter for the Northern Coromandel



2311 Colville Rd, Colville, 3584

PHONE: 07 866 6920 cssc@colville.org.nz

HOURS: 10am - 3pm TUES, WED, FRI

Closed MON, THURS

panui@colville.org.nz www.cssc.net.nz

Farewell to Katee

The March Pānui was Katee's last with CSSC. Kate Shelley first started with CSSC right at its inception in 1997. During her time CSSC changed from a wee clothing exchange behind the store, to a long period in the hall and then to what we are today. Katee was a trustee as well as a staff member for a number of these years – and the Pānui editor for as long as there has been a Pānui. For many, many years it was hand prepared every month by Katee.

Ngā mihi Katee.

Disclaimer: The opinions expressed in this publication are not necessarily those of CSSC

Guidelines for contributions

Contributions are welcome but may not always be used. We may also edit them.

Email us your news, notices, advertisements, jokes, recipes, dreams & handy hints.

Please send in Word or Open Office (not PDFs). Or post, or drop contributions into CSSC.

Deadline for the May Issue

Tues 20th April

Subscriptions are available if you live outside delivery area

For an electronic copy (which comes in colour): email panui@colville.org.nz with 'subscription' in the subject line. For a mail copy: email/phone us. Subscription cost for printed copies is \$25 per annum. Contact us on 07 8666 920 or email us at panui@colville.org.nz

Contact Information

Phone 07 8666 920

email: cssc@colville.org.nz
2311 Colville Road, Colville.

Hours:

Tues, Weds, Fri 10am - 3pm
Mon & Thurs Closed
Closed for lunch 12.30 - 1pm

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csscordinator@colville.org.nz
021 258 8037

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Nicole McCauley

csscfinance@colville.org.nz
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Youth Group

Danielle Van Resseghem & Nathan McCauley

youthgroup@colville.org.nz

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panui@colville.org.nz

Youth Mentor programme -

Spike Mountjoy

colville.mentor@gmail.com
022 6047 975

CSSC Grant Writer

Cassidy Connor

csscgrants@colville.org.nz

Colville Youth Group

Sadly Elizabeth will be leaving Colville for her family in the USA.

So we would like to welcome

Danielle Van Resseghem as our new Youth group Co-ordinator.

A big thanks to the parents that helped get the children to the Colville Farm for the horse trek activities last term.

Colville Social Service Collective (CSSC) would like to thank our funders and supporters :-

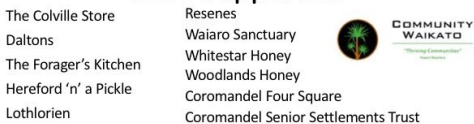
CSSC Main Funders



CSSC Funders



CSSC Supporters



CSSC would like to express our immense gratitude to our funders and supporters



VACANCY: Coordinator for Moehau ki te Moana

Colville Social Service Collective (CSSC) has an exciting vacancy for a new role: Coordinator of Moehau ki te Moana. This initiative is to revitalise the waters around Moehau with fencing and riparian planting.

The successful applicant will have skills in (all or some of these): project management, budgeting, Mātauranga Māori, communication and ecology.

The position could be full time (30 hours a week) or a job share for between 10-20 hours per person. The position is fixed term for up to five years. For more information and a copy of the Job Description please contact the CSSC Manager, Larisa Webb, on cssccordinator@colville.org.nz or phone 021 258 8037. Applications close 5pm, Monday 12 April 2021.

If you would like to support CSSC you can donate online with a bank deposit to:

CSSC 38 9009 0798558 00

(and put donation in the reference field) or contact Larisa cssccordinator@colville.org.nz

Thank You CSSC

I have finally used my CSSC vouchers for lunch and a massage at Tangiaro Kiwi Retreat

I met friends at Tangiaro for a delicious lunch, followed by a spa and massage by the wonderful Jan.

Thank you so much for the therapeutic Sunday.

Midge MacKenzie



2021 Colville School

Whānaungatanga ~ Manaakitanga ~ Ka hikitia
Effort ~ Service ~ Manners



Everything you have wanted to know about our New Principal

We have lots of special people in our Colville Community. The roving reporters from Kahu class have been asking some important questions to find out more about their new Principal Susie Sumner.

What is your last name?

The name I use now is Sumner which is my husband's family name. I like it because of the way it sounds together with my first name. The name I was given by my parents is Forrest, also a special name with an unusual spelling.

What is your middle name?

My middle name is Joy after my Mum. Lots of the children in our family are named after her as she is such a special person.

How many schools have you worked at?

I have been really lucky to work in 8 different schools in 3 different countries. They were all different to Colville and all different from each other. The last school I worked at was at Holy Cross School in Miramar, Wellington.

What's your favorite animal?

The animal that I find most fascinating is a komodo dragon. I have come across monitor lizards which are part of the same family but I have never made it to the island of Komodo.

What's your favourite fish?

Again this is another creature that I have never seen. A fish from the deepest part of the ocean with a clever luminescent lure for trapping its prey. It's called an Angler Fish!

Continued from page 3

What's your favorite ice-cream topping?

I really like the contrast of sweet, sour and crunchy. My favourite topping on a passionfruit ice cream would be some crunchy nuts with a salted caramel topping. Yum!

What's your favorite color?

I really love lots of colours so this is a pretty tricky question. At the moment it's orange, the colour of a sunset, my favourite dress and our front door in Wellington.

What do you like about living in the Bush?

All the birdlife... the quails that troupe through the garden with their bobble heads, the pukekos plodding through the swamp with their long gangly legs and the rurus that call through the night. It's a magical place to be.

What place in NZ do you think is the most beautiful ?

Definitely the Coromandel Peninsula. Our family have spent many summers travelling to Coromandel from Wellington. It is a very special place.

Roving Reporters- Eli, Troy, Natalia, Riley, Lirina and Wint'r

Photographer- Lirina

Find out in the next edition more about the learning at Colville Primary School.

Aikido for Kids

Traditional Japanese Budo

Sensei: Mark (Black belt ni dan)

Colville Hall Tues Children's classes 3.30 - 4.30



Police Community Meeting



We were fortunate to have Tracy and Robbie Smith from the Coromandel Police Station come to an open community meeting on 23 February at the Colville Hall. Senior Constable Tracy Smith and Senior Constable Robbie Smith started working in our area, along with Constable Angus Poole, when John Morrissey retired back in early 2020.

Tracey and Robbie shared their experience of working in the area and expressed their interest in working with us to keep the community safe. They also provided some advice, including:

- In an emergency call 111; for non emergencies call 105 (or you can go online)
- If you have an issue with someone that is on probation let the Police know – they cannot act on a breach of conditions if they're not advised.

There was a discussion regarding confidentiality. They clarified that there are two possible processes if they receive a complaint:

1. An investigation with the intention to potentially prosecute. In this situation they have to disclose details of the complaint and the complainant.
2. An informal process where someone can be spoken to about their behaviour.

With this process confidentiality can be maintained if requested.



COLVILLE HARBOUR CARE
Te Ūmangawhā o Ngā Waka

Vacancy: Tree planters

Colville Harbour Care is seeking 2-3 people to plant native trees in Colville this winter. Email for more details. Applications close 5pm Monday 19 April 2021. Send CV with 2 references to Beth chccordinator@colville.org.nz or drop into Colville Social Service Collective.



COLVILLE
COMMUNITY HEALTH TRUST

Kia Ora,

We are pleased to update the amount raised by the Christmas Art Exhibition for our ongoing fundraising towards construction of The Colville Project's 'Wellbeing and Education Centre'. Lindsay Garmson's lovely raffle basket and the donation box bring the total to \$7790. A spectacular effort for which we are deeply grateful.

Our staff and student housing has been a great success. We have been able to offer accommodation to three med students so far, and provide a stress-free entry into the community for the Health Centre's new Practice Manager, while she organised permanent accommodation. Four more students are expected throughout the year, and in between student occupants we will offer the house for booking to visitors to the area, or for community use.

We are currently looking for a casual cleaner for the student/staff accommodation in between guests. For more information contact Emily at 07 866 6618, or at colvilletrustmanager@gmail.com

As always at this time of year, we are on the lookout for donations of firewood to keep the Health Centre staff warm and toasty as they look after us all, and to keep our visitors comfortable while seeking medical help. Any donations would be gratefully received.

Sadly Steve Terry passed away on the 11th of March. Condolences to his family and friends. His contribution to the Coromandel music scene was huge and he will be sadly missed by all that had the pleasure to jam with, learn from and to hear him perform.





COLVILLE COMMUNITY HEALTH CENTRE

2299 Colville Rd, RD 4, Coromandel 3584

Phone 07 8666618. Fax 07 866 6619 Our txt number for the clinic is 4448

Mon, Tue & Thurs 9-5pm/Weds 10-5pm / Fri 9-4pm

GP Clinic at Port Charles – - to be confirmed

For the after hours service phone the clinic number 07 866-6618.

Please listen to the message carefully.

The On Call person will be paged by the after hours service.

When we are open you may get an answer phone message if all lines are busy or if we are closed for lunch. You cannot leave us a message.

Please remember - If it's an emergency, dial 111



Kia ora koutou,

Easter starts the month of April and that means a turn in the weather and time to look to cooler days. April is a great time to look at boosting our health heading into the change of season. The flu season was very mild last year and we are hoping with added hygiene measures and coughing into our elbows and tissues, this carries on to stop the spread of bugs.

April is also a great time to look at our health goals for the year and planning any annual health checks.

We are looking at working with Stephanie from 'Live Strong and Longer' to run classes. If anyone is interested to run the class or to come along, please register your interest. Tai Chi is being run by Christina Wu in the hall and all reports are that it is going great. Any opportunity to move and gain strength boosts health.

She also is our resident acupuncturist.

Christina has acupuncture appointments every Monday at the clinic.

Her contact is: 0211134768

Our lovely Homeopath Di Hayes is running courses, details below:

Di Hayes homeopathic first aid course

This course will consist of 4 sessions to be held monthly on Thursdays 9.30 - 3pm

Cost - \$40 per session (Includes 4 x remedies and all paperwork)

Complete beginners starts in May and those with some knowledge starts in September

Please contact us to reserve your place.

Karan our medical student leaves at Easter and we will be having a 6th year student Christine arriving the first week of April. The feedback from our students is that they love Colville and that everyone has made their time here, a wonderful experience.

Lisa from ContactCare is taking bookings for April. She comes one Friday a month.

Her contact is: 0274038026

Thank you very much to those that paid their accounts. It was very much appreciated. We welcome all feedback to our clinic.

Aroha Nui from the team at the Health Centre.

Colville Cooperative Society

Did you know that every live musical performance in New Zealand incurs a surcharge on top of a general music license? The crew at the Forager's Kitchen have kept us entertained with regular live performances on Friday nights, and we want that to continue. So the Co-op COM is putting a Koha jar in the cafe to accept any gold coin donations the community might want to make, to help keep the music playing. Can you help? Thank you!



Mahamudra Centre for Universal Unity



April Events

Daily 8:30am Drop in Meditation

Wednesdays at 8am Qi Gong Movement Meditation – by donation

1st – 4th April 10am-3pm Sand Mandala Open to Visitors
Tibetan Monks create a unique art form using tiny grains of coloured sand to create an intrinsic design. Just drop in – no charge but any donations are welcome.

10:30am-12pm 3rd & 4th April Guided Compassion Meditation & Kids Activities

10am-12noon 5th April Sand Mandala Dissolution Ceremony - the work of art will be swept up and poured into the ocean to symbolise impermanence and bless the ocean. Join us on Easter Monday to check it out.

16th -18th April Finding Calm in Turbulent Times
A Weekend Retreat with Hedwig Bakker

23rd – 26th April Living and Dying Peacefully
A Weekend Retreat with Venerable Khadro

2183 Colville Road 07 866 6851 retreat@mahamudra.org.nz

www.mahamudra.org.nz

Colville First Response

Over December, January and February we attended 18 callouts, Air Ambulance was required for 9 of the callouts.

As the days are getting shorter and getting darker earlier having the number of your house or property visible and easily seen from the road will help the Emergency Services, Ambulance and Fire in locating you.

Pop Up Op Shop Coromandel St John Ambulance Station, **Wednesday 31st March, Thursday 1st and Saturday 3rd April, 9am-3pm.**

St John are keen to have an Ambulance Station in Colville for our Ambulance to be housed in. So, we are on the lookout for a suitable piece of land or building that can be purchased or leased long term. If anyone in our community has any suggestions on this, they would be most welcome. We can be contacted on 021780864.

Fracture of the arm, wrist or collarbone or dislocation of the shoulder joint

- Use a pillow or folded clothing to allow the person to support the weight of the arm in the most comfortable position
- The person may feel most comfortable in an arm sling

Fracture of the ribs

- Assist the person into a position of greatest comfort

Call 111 for an Ambulance

COLVILLE STORE NEWS

Ph 07 866 6805
colvillegeneralstore@gmail.com



SHOP HOURS

Opening Hours April :

Good Friday and Easter Saturday open till 6pm.

After Easter it's back to regular hours Mon-Sun 8.30 - 5pm

Friday 6pm till the end of April.

Coromandel Town Info Centre

Hi everyone!

How nice to see things looking greener thanks to the rain. Cooler mornings and sunshine days -- so far autumn is looking good.

Just so you are aware the Information Centre is still open every day, but now from 10.00am – 3.00pm.

The 360 Ferry operates Friday nights, Saturdays and Sundays during the day through to Easter Monday. Then it takes a break over winter.

We can still make InterCity bookings for you if you are travelling from Thames onwards, such as to Auckland, Tauranga, Wellington, Taranaki, etc. There is currently no service on the Peninsula.

If you have a health appointment in Thames or Waikato, CILT can arrange a driver to take you and bring you back (charges may apply). You just need to be the holder of a Community Services Card.

Our Boom, Bust & Beyond guided walking heritage tours are available throughout the year. They are available every day of the week by request. A day's notice is required. At this time of the year we can accommodate either morning or early afternoon tours. Cost is currently \$20 per person. Think of us if you are having a family reunion; book a tour and find out more about your home.

Seafood Fest, Saturday 1 May, is only a month away. Now in its 5th year, the Seafood Fest will be held at the Coromandel Area School Grounds right in the heart of Coromandel Town. Enjoy a variety of stalls including all-day entertainment, cooking demonstrations and much more, from 9am-4pm; gold coin entry.

Check out our website coromandeltown.nz to find out what is happening at Easter.

Sandra Wilson & Natalie Blasco

Raffle Fundraiser

Make sure to grab a ticket (or two) in our 'Fish the Tongariro' fundraising raffle. The prize consists of three nights accommodation at the lovely Tongariro Lodge and two full days guided fishing for up to two people. The prize package is valued at \$1700 and was donated to us by a generous supporter. Tickets cost \$20 each and are available to purchase from Coromandel Information Centre, one of our committee, or email us at info@meg.org.nz

The raffle will be drawn on 29th April and the prize must be used by the end of October 2021.

Ferret Found

Unfortunately, we're disappointed to announce that we caught our first ferret in the Northern Coromandel last month. The odd remains were found in a trap in the Port Charles area and were brought in for further identification.

We also caught another ferret on a trap line within our Coromandel Kiwi Project, the 5th so far in this project area.

Ferrets are the largest of the mustelid family and are about the same size as a small cat.

Introduced to NZ in the late 1800's as a natural predator of rabbits, ferrets have turned their attentions to our natives and unlike stoats, have the ability to kill adult kiwi.

We will be working with the Department of Conservation, taking samples of any ferrets caught in our trapping network, to build a genetic database.

Oh Rats!

Rats are a challenging pest to manage with their penchant for swimming, year round breeding and huge litters and it seems like they're starting their annual move from the bush down into more urban areas.

As the food sources in the forest wane and the temperatures start to get cooler rats make the move into more comfortable surroundings, i.e. our homes! This means rats hanging out at the compost bin, rats in the ceiling, rats chewing the electrical wiring etc

One of our local volunteers purchased a new rat trap from us recently for their backyard and has caught 7 rats in 8 days! They received one of our new 'user-friendly' rat traps and are raving about how much cleaner it is and how easy it is to set compared to more traditional style rat traps.

We supply our rat traps for use in a timber and mesh box. This helps eliminate bi-catch, protects the trap and the bait from the weather and directs the rat over the trigger plate for more successful results.

If you'd like to do some rat trapping in your back yard our rat traps are available for purchase for just \$25 each. Email us at info@meg.org.nz to ord

Have a great month everyone!

Contact us at info@meg.org.nz or make a donation by visiting our website www.meg.org.nz

David Wright Wright Contracting Services

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- Welding
- Machining / Fabrication
- Hydraulics
- Machinery Repair / Maintenance

No job too big or small!

Onsite or at my Colville workshop

Phone: (021) 100 2767

Email: dewwrightnz@gmail.com



Looking for a Midwife?

I'm an experienced midwife who loves living in the beautiful northern Coromandel. I provide community primary midwifery care and cover the upper and western side of the peninsula from Port Jackson to Manaia, including Colville & Coromandel Town.

Sheryl Wright

Moehau Midwives

Phone (022) 500 1310

www.birth.net.nz

moehau.midwives@gmail.com



A Big Thank You

To members of the Port Charles volunteer Fire Brigade who turned out in the wee small hours of Waitangi day to fight the fire at Otautu. Once again what a great response from such a small community.

ALCOHOLIC DRUG HELPLINE

FREE and CONFIDENTIAL 9am to 10pm everyday **0800 787 797**
Open friendly meeting. Anonymity assured. Please phone 021 314 467

MAHAMUDRA CENTRE, COLVILLE 7-9 MAY 2021

CELEBRATING THE FEMININE

A Mother's Day Weekend Women's Retreat with
Vanessa Edelsten & Beth Pearsall
WILD STILLNESS RETREATS



Yoga :: Meditation
Open Dance :: Feminine
Rituals And more

BOOK ONLINE AT WWW.MAHAMUDRA.ORG.NZ
FOR ENQUIRIES EMAIL US AT:
WILDSTILLNESSRETREATS@GMAIL.COM

Easter Sunday

5pm Kids Disco and Food
free for children

Children performing
Kiwi Comedy Ltd

The Vinyl Burns' Rock'n'Roll **Circus**

Colville Hall \$20, under 16yrs free



Northern Coro Rubbish Collections for **April**

Wed 7



Tues 13



Tues 20



Wed 28



Coro Refuse & Recycling Centre. Goldmine shop open

Wednesday & Friday 9.30am - 3pm

Saturdays & Sundays 9.30 - 4pm

525 Hauraki Rd, Coromandel

Colville Brigade sends a huge thank you to the 7 fabulous Fire crews that came on the 6th of February, in the middle of the night, from all over the peninsula, to support our community and get that scary fire, on very steep terrain under control and out.

Thanks to:

Port Charles, Kennedy Bay, Coromandel, Kuaotunu, Whangapoua, Matarangi and Onemana Brigades.

Also thank you for the support from executive Fenz personal who came to our assistance from Hamilton and Tokoroa.

**FARM SHOP
COLVILLE**



COLVILLE EASTER FESTIVAL 2021

<http://www.colvilleartsfestival.co.nz/>

We are looking forward to the Colville Easter Festivities including our Annual Easter Egg hunt here at the Pickle.

Look out for our colouring competition for the kiddies too

HAPPY EASTER



**100% HEREFORD BEEF BURGERS * HOT CHIPS * COFFEE * BAKING *
PICKES 'N' JAMS * LOCAL ART * REAL FRUIT ICECREAM * MEAT**

100% HEREFORD BEEF BURGERS * HOT CHIPS * COFFEE * BAKING *
PICKES 'N' JAMS * LOCAL ART * REAL FRUIT ICECREAM * MEAT



Like us LIKE US ON
FACEBOOK



*** Yes we are open for business ***

Winter opening hours are as follows

CAFÉ—Wednesday to Sunday 10am—5pm

RESTAURANT—Wednesday to Sunday with bookings only

Darts games Saturday 10th April - 6pm Start

CLOSED = MONDAY & TUESDAY
ph 07 866 6614

Relax & Revive Coromandel

www.relaxcoro.co.nz

Certified Massage Therapist
Relaxation Massage

**Jan is working from the tranquil surrounds
of the Tangiario Kiwi Retreat, Port Charles**

By appointment
Email: info@relaxcoro.co.nz
Ph 021 268 6198





Colville Bay Pre - School

Haere Mai! Welcome!



Bring your children to Pre-School for fun & learning!

Tuesday to Friday 9am to 3pm during School terms.
20 Free ECE hours for 3 years and over. WINZ subsidies available.
Term 1 ends, April 16th

On Wednesday mornings we have a Parents & Toddlers group
While our 4 & 5 year olds are at Bush Kura.
We welcome new enrolments. Come and meet us!

Phone - 07 866 8319

Email - cbpreschool@xtra.co.nz

HIMALAYA SHOP

Hello everyone,
We will be open most weekends in April. If the flags are flying we are open.

cheers Rob & Nette
ph 07 866 7224 shop 07 866 6865 home
021 139 7838 Anette

The Forager's kitchen

2314 Colville Road, Colville
Closed Mondays
theforagekitchen@gmail.com



LIVE MUSIC
checkout details on the

Forager's Kitchen
facebook page

027 366 6986
021 186 3631

BYO Licenced





**Coromandel
Community Acupuncture**

Coromandel Acupuncture
Every Wednesday & Thursday 9am to 3pm
Tiki House (CILT), 45 Tiki Road, Coromandel
Tai chi classes Wednesday 4-5 pm at Anglican Hall



Colville Acupuncture
Every Monday 9am to 4pm
Colville Community Health Centre
Tai chi classes from 4:10pm - 5 pm at Colville Hall.
Christina Wu, ACC registered acupuncturist, Bachelor of Health Science .
(Acupuncture & Chinese Medicine), Tai chi teacher, brings her caring
and holistic approach to serve the Coromandel community.
Phone: 021 113 4768 Email: christinawu121@gmail.com
www.corocommunityacupuncture.co.nz



**D & K
HOME IMPROVEMENT
HANDYMAN**

Ph. David Porter 027 224 8925
email: davidkim@colville.org.nz



Bryan: 021 799 056
www.gardentools.nz



Joanna: 021 739 398
LIFETIME GUARANTEES

White Star Honey
Producing Local Delectable Honey
Available from Colville General Store or direct at White Star Station / Colville Farm
Holidays. Contact Tellic 021770382 or email wshoneynz@gmail.com



**Self Service Coin Operated
Washing Machine and Dryer
OPEN 7 days**

Available at White Star Station / Colville Farm Holidays 2140 Colville Road, Colville
Coromandel (2 minute's drive, 1.7km South of the Colville General Store towards
Coromandel Town)

Follow the signs at the front Gate.
\$4 per wash \$4 for 45 minutes approx. drying time.
Takes \$1 and \$2 coins.



WHATS ON IN THE NORTHERN COROMANDEL

Regular events

Enliven -	Every Thursday 10am
Yoga -	Every Tuesday Colville Hall 10am
Sunset Yoga	Every Thursday in term times with Vanessa @ Colville School Hall. 5 - 6.15pm
Daily Meditation	Free @Mahamudra Centre 8:30am - 9am (guided)
Mon nights	Tai Chi classes @ Colville Hall 4:10pm
Tue	Aikido for kids @ Colville Hall 3.30 - 4.30
April dates	
Fri 2	Colville Sings Country @ Colville Hall 7.30pm
Sat 3	The Big Music Night @ Colville Hall 6.00pm
Sat 3	Easter Market @ Hike & Bike Square Wharf rd Coromandel 8am - 2pm
Sun 4	Family Friendly Night @ Colville Hall 5.00pm
Sat 3 - Mon 5	Colville Festival workshops - see enclosed flyer
Thu 1 - Sun 4	Sand Mandala Open to Visitors @ Mahamudra Centre 10am-3pm
Sat 3 - Sun 4	Guided Compassion Meditation & Kids Activities @ MahamudraCentre 10:30am-12pm
Mon 5	Sand Mandala Dissolution Ceremony @MahamudraCentre 10am-12 noon
Mon 12	Moehau ki te Moana Coordinator position closes 5pm - see page 2
Sat 10	Darts Night @ Tangiaro Kiwi Retreat 6pm
Fri 16 - Sun 18	Finding Calm in Turbulent Times, Weekend Retreat @MahamudraCentre
Fri 23 - Mon 26	Living and Dying Peacefully, Weekend Retreat @MahamudraCentre
Sun 25	Carnivorous Plant Society @ Anglican Hall, Coromandel 7.30pm

May dates

Sat 1	Seafood Festival @ Coromandel Area School grounds 9am -4pm
Fri 7 - Sun 9	Mother's Day Weekend Womens Retreat @ Mahamudra Centre

Important numbers

111	Fire, ambulance, police emergencies needing immediate assistance
105	Police - for reporting incidents not requiring an immediate response
0800 CRIMESTOPPER	For reporting crime (anonymous)
0800 611 116	For medical advice or information 24/7
0800 787 797	Alcohol Drug Line 24/7
0508 828 865	Suicide Crisis Helpline
0800 543 354	Lifeline
0800 111 757	Depression Helpline: free text 4202
0800 688 5463	Outline
0800 376 633	Youthline
0800 764 766	National Poison Centre
07 8666 920	Colville Social Service Collective
07 8666 618	Colville Community Health Centre
07 8666 615	Colville School
07 8666 805	Colville General Store
07 8668 319	Colville Bay pre school
07 866 8702	Coromandel Pharmacy M-F 8.30am-5pm; Sat 9am-1pm