

PĀNUI

Newsletter for the Northern Coromandel

www.colvillejunction.co.nz



The tamariki of Colville School's Kahu classroom gather together around mid-winter to make pumpkin soup and homemade bread as part of their Garden to Table projects. *To read more about Colville School's activities, see page 7.*

Kia ora tatou katoa, Winter is well and truly upon us at last. With the passing of Winter Solstice around the 21st-23rd of June, we can take comfort in the knowledge that the days are getting longer, if only a minute or so at a time!

Matariki is our next big seasonal celebration and I've included a full write up on this special time on page 6. With fewer events going on in these winter months, there is less to report on, and less to plan for, hence a much smaller issue of the Pānui, but a special one nonetheless! Enjoy this issue, *Brooke, Pānui Editor*



PĀNUI NOTICE

If you'd like to be part of the reminder list for all contributions, then email us at

panui@colvillejunction.co.nz

Guidelines for contributions

Send us your community news, notices, events, advertisements, job openings, stories, jokes, tips, and artwork. They may not always be used, and they may be edited for clarity and space. *Please send in Word or Open Office (not PDFs), or post/drop contributions into CJ.*

Last day for contributions

for August issue is:

Tuesday 18 July

For an electronic colour copy email: panui@colvillejunction.co.nz with 'subscription' in the subject line. For a mail copy: email/phone us. Subscription cost for mailed copies is \$25.00 per annum.

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Closed for lunch 12 - 12:30pm

Closed Mon & Thurs

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Colville Tiny Library

Librarian—Tony Wasley
021 023 01876

Colville Junction

Need to get some printing done?
 How about finding some clothing
 for the changing seasons? Or
 perhaps a good book to read?
 Want help with an issue? Or simply
 a friendly chat is on the cards.
 As well as all the behind the scenes
 work we do in the community,
 Colville Junction is also a hub for
 collaboration, connection and all
 things community.
 Pop in any time we are open!



Got an interesting
 local story or
 something
 exciting to share
 with the
 community?



Send it our way!

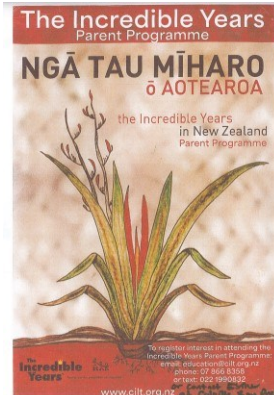
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Incredible Years

Programme in Colville!

CILT will be offering this parenting programme in Colville. Parents, grandparents, guardians and community participants welcome! Contact CILT on education@cilt.org.nz; ph 07 866 8358 or 022 199 0832; or contact Esther at pre-school.



Māori Proverb



“He taonga rongonui te aroha ki te tangata”

“Goodwill towards others is a precious treasure”

The Colville Project

The past few weeks have been a time of transition at The Colville Project. Anne Mountjoy finished up almost two years at The Project and the trustees wish to thank Anne for the time and dedication she put into it. Anne brought loads of enthusiasm and energy, alongside her very valuable engineering experience and her ability to engage with people from all over. Anne certainly got the word out there about the Project mostly because it is very dear to her heart. Thank you so much Anne and we wish you the best for your next adventure.

Recently we have found and recruited three people to take up the new roles we have created to replace Anne. We welcome Rick Lambourne to the Technical Support role. Rick is a long time resident of the area and he brings a wealth of experience in the field of architecture.



We also welcome Suzi Rodgers to the Finance Support role. Suzi has been away for a couple of years, but is now back in the area - some of you may remember her from the shop and Mahamudra in earlier times. The Board Support role has been accepted by Katie Lowes, who is a resident of the Raglan community and is able to work remotely for this role. Katie is doing similar work for other not-for-profit organisations and is keen to get started.

The trustees would like to acknowledge Jan Autumn for her input into our recruitment efforts. Jan participated as a community volunteer, and brought her own special skills to the process which we all benefited from. Thank you Jan!

We had lots of interest in these roles and I believe in part this is due to The Colville Project gaining more momentum, but also due to the work of Nicole Turner (our Fundraising & Communications lead) and Anne Mountjoy over their time with us. We look forward to the next few months being a busy time as everyone gets stuck in and continues to move the project forward.

- The Colville Project Team

COLVILLE BAY PRE-SCHOOL

Charity Inc.



Te koohungahunga o te Uumangawhaa o Ngaa Waka

Ka whaangai, ka tupu, ka puaawai

To nurture, to grow, to blossom

Kia ora koutou,

We are excited to be hosting an 'Incredible Years' positive parenting programme here in Colville in August. If you are interested please get in touch with Esther at Colville Bay Pre-School, or Fee at CILT: education@cilt.org.nz

We have been learning about each star in the Matariki cluster, week by week leading up to our Matariki gathering in July, inspiring us to get creative with many art-forms; including collage, weaving, sculpture and song. What a beautiful time of year.

Hari huri tau ki a korua, to our 'July babies', Dustyn and Niko!

We can transport your children from Coromandel to Colville return: Tuesdays, Wednesdays and Fridays. Spaces for 3+ year olds currently available.



Preschoolers Sylvie and Mika experiment with colours



Colville Bay tamariki enjoy the local natural environment together.



- Esther Powell, Senior Teacher

Welcome to arrange a visit.

Open hours: Tuesday to Friday, 8.45am-3pm, including term breaks.

**20 free hours for 3 + year olds and WINZ subsidies available.*

For information & enrollments contact Esther

seniorteacher@colvillebaypreschool.co.nz

2391 Colville road (behind Colville School) Phone: 022 645 3272



Matariki



Matariki is the Māori name for a group of stars that are also known as the Pleiades star cluster.

The physical appearance of Matariki in the sky was traditionally used by a tohunga (a priest or expert) as a forecast of the year ahead. Clear and bright stars signalled warm and productive seasons, and hazy or shimmering clusters meant a cold winter was coming. This knowledge was used as a guide for seasonal activities such as planting and harvesting, the flowering of plants, the spawning of fish, and the natural cycles of the environment.

A few ways to celebrate Matariki...

- > Get up early and head outside to view Matariki before sunrise.
- > Take time to remember loved ones who are no longer with us. Some call out the names of the dead to honour them. You might like to sit around a fire sharing memories of the people who are no longer here.
- > Learn a karakia that relates to Matariki.
- > Give thanks for the past year.
- > Share your thoughts, words, and karakia to the stars.

- > Learn about the maramataka (Māori Calendar) and the phases of the moon.
- > Take some time in solitude to contemplate the world.
- > Celebrate and have a Matariki feast.
- > Create some goals for the year ahead.
- > Plan and plant a garden.
- > Spend time with whānau and friends.
- > Celebrate however feels right for you.

NZ celebrates Matariki 2023
11th–17th of July – Keep an eye out for Matariki events!

Seasonal kupu

Waitī - *Fresh water & as a food source.*

Waitā - *Ocean & as a food source*

Wai-puna-ā-rangi - *The rains*

Tupuānuku - *Everything that grows within the soil*

Tupuārangi - *Everything that grows & lives in trees*

Ururangi e - *The winds*

Matariki - *Reflection, hope, connection to our natural world and the gathering of people*

Pōhutukawa - *Our loved ones passed on*

Hiwa-i-te-rangi - *Granting our wishes,*

Mānawatia a Matariki!

Happy new year!

- *Matariki information adapted from Wananga Aotearoa 'Matariki Handbook'*

Ā Mātou Kōrero, Our Story



Volunteers Day

Colville tamariki gather to perform at Coromandel's Volunteer Day to celebrate the hard work of local volunteers

It was a great privilege for Colville School to perform at the *Coromandel Volunteers Day* on Tuesday the 20th of June. Our tamariki have been practising hard for several weeks and wowed the audience with their Sasa, bucket drumming, NZ sign language and their ukulele playing. They should feel very proud and had lots of compliments from the volunteers in the audience. Wint'r and Natalia read part of a speech written by Bronwyn Blair acknowledging the important mahi of volunteers from the Northern Coromandel Peninsula.

Ako, to Teach and to Learn

The rain was pouring down on Friday but it didn't put a dampener on the last session of sailing this term for the Ka Hikitia group. Beth and Spike came to the rescue with a screen printing workshop. The whole crew went home with their own hand-printed Colville Sailing Academy T-shirt. We are looking forward to more sailing in Term 4. A very big thank you to Spike, Emer and Beth for sharing their passion and expertise.



The children of Colville's Ka Hikitia group learn how to do screen printing

- Susie Sumner, Principal



Mahamudra Centre Update

This month's focus at the centre has been kindness. Kindness says: 'I want you to be happy.' Kindness can help us develop greater self-awareness, empathy, and emotional intelligence. By cultivating kindness towards ourselves and others, we become more attuned to our own thoughts and feelings, as well as the needs and experiences of those around us. This heightened sense of awareness and empathy can improve our communication skills, enhance our relationships, and lead to greater personal growth and fulfilment.

Kindness comes in many forms, it might be taking time to rest, helping a friend, or planting a tree. It can be found in the small things, remembering the little things that please someone, a smile or word of encouragement. Being kind feels good, it lifts our own spirits and nourishes us, everyone benefits.

We are taking a rest at Mahamudra and will be closed for July. We will pause our morning meditations and resume in August.

We have some wonderful retreats coming up! You can see more about all these retreats and more on our website

www.mahamudra.org.nz

- Beth Pearsall



An up-close and personal photo of a pūriri moth found by a Colville local. The moth, also commonly called the "ghost moth" or pepetuna, is New Zealand's largest moth, with a wingspan of up to 150 mm.

COLVILLE STORE



We want to extend a warm welcome to Suzi Rodgers as our new Buyer, and to Mitchell Dabb, who has joined us as Counter Staff. For Suzi it's a bit like coming home, as she worked here a few years ago, and we were delighted when she popped up again. Mitchell is proving very useful, as a young man with a strong back, and brings lots of other skills as well. Thanks to you both for joining the team.



As happens every year, when winter bites and visitors to the area thin out, sales drop, and it becomes important for us to maximise our buying capacity. Everyone can help by choosing to shop here when they can. Customers with accounts can help by paying down their accounts frequently, or choosing instead to pay by eftpos. Once you buy something, we need to replace it, and getting the payment in quickly helps us do that quickly. It is such a rarity now to have the 'on account' option for groceries and other basic supplies, so let's all pull together to keep that alive. And please, let us know what you would like us to get in - if we can, we will!

- Emily, Colville Store

Children's Ballet Classes in Colville

It has been an absolute joy and privilege to watch the children of Miss Swan's weekly Ballet class flourish and grow as dancers under her direction. During class, the sweet wee students are encouraged to use their imagination and pretend to be pixies, hiding behind the trees of the forest and running to balance on mushrooms in time with the music. Colourful scarves are used for graceful dance expression, they act their way through a mime in which they are toys coming to life in a toy makers workshop, and of course, there are the ever favourite "pony gallops!" A big thank you to Marilyn for the time and energy she is putting into this class, and to the dedicated parents who bring along their wee ballerinas every week! Kia kaha everyone, keep smiling and definitely keep on dancing!



-Brooke, Proud Ballet mama



COLVILLE COMMUNITY HEALTH CENTRE

2299 Colville Rd, RD 4, Coromandel 3584

Phone 07 8666618. Fax 07 8666619 Text number for the clinic is 4448

Mon, Tues & Thurs 9am – 5pm/ Wed 10am - 5pm/ Fri 9am - 4pm

For the after hours service, phone the clinic number 07 866-6618.

The On Call person will be paged by the after hours service.

Please remember - If it's an emergency, dial 111



Kia ora Community,

All the thank yous

We hope you are all keeping warm and cosy in these colder days. Here at the clinic we are able to do this due



to the generosity of firewood we have been donated recently. Big thank you to Kelvin Mouritson, Cecelia Powell, Peter Holmewood, Peter and Anita Sanders and the Coromandel Lions. This makes a huge difference to our day to day running of our clinic, to all who visit and all who work here.

Thank you to Ian Ross who recently paid for our ranch slider to be fixed by Mike at Coromandel Glass and thank you for Karin McMillan for arranging this to be done. Be careful now – it works perfectly.

Feedback

We are still bedding in our new systems at the clinic. This has been a huge change for all of us and requires a lot of training and time to adjust and we value your patience through this

Of course we want to know if the service you have received has been good but it is important for us to know if you have received a service which did not meet your needs. Feedback gives us the opportunity to review, take action and improve. There are some things which we cannot change i.e. Dr Kate's availability, but there are some things which we can change. If you have anything to give feedback about, then please consider emailing us at: practicemanager@colville.org.nz

An old wheelbarrow

Do you have an old wheelbarrow that you are looking to get rid of but just needs a new wheel or a bit of a fix up? We are looking for one for the clinic. Please get in touch if you do, it would be much appreciated.



Wishing you all plenty of warmth and winter wellness at this time of year.

*Colville Clinic Team
Colville Community Health Clinic
(07) 8666618*



Window strike in birds

On the 18th of June, Annemieke Kregting, founder of *Kuaotunu Bird Rescue* (now called *Coromandel Native Birds*), presented on bird first aid and window strike as part of MEG's Winter Lecture Series. Annemieke suggests to help prevent birds from flying into your windows, check the window to see what the problem could be, especially if it's a window that's often struck by birds. She says "sometimes it can be caused by reflections or birds thinking there is an open area to fly through i.e. two windows opposite each other and both looking out into the garden, trees or sky. Decals are an excellent way to deter birds. They're virtually invisible to the human eye but very visible to birds. They need to be quite close together in order to be effective. It also helps to have more than one preventative measure e.g. keep curtains or blinds partially drawn".

Our next winter speaker is Paul Johnson, MEG's Operations Manager, presenting on the 9th of July at the Pepper Tree Restaurant in Coromandel on "What does MEG do?". Here's a chance to hear about our native bird monitoring including matuku/bittern and miromiro/tomtit and kiwi. Come and learn the full extent of the predator control activities that MEG is doing in the northern Coromandel peninsula.

Children sight rare matuku

It was a novel and enjoyable experience travelling to the wild wetland of Waikawau with two different groups of children from Coromandel Area School.

The 'boys' group actually got to see the rare matuku/Australasian bittern.

Matuku are not just rare, they

are classified 'Threatened-Nationally Critical'. It is estimated that there are less than 1000 individuals of these birds left. Compare this population number to that of kiwi which is 68,000 birds. It is imperative that we do everything we can to save matuku, so that our tamariki of the future have a chance to hear its distinguished wooming boom. Have a great month everyone! Ngā mihi nui!



Follow us on Facebook
@moehauenvironmentgroup,
contact us at info@meg.org.nz or
make a donation by visiting our
website www.meg.org.nz



- Genevieve Morley

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To arrange a free quote for a job within the Colville/Coromandel area:

Message or call Liam or Willow: 022 522 53 24

Northern Coro Rubbish collection for JULY

JULY					
RUBBISH	Mon	Tue	RECYCLING	Fri	Sat
	3	4		7	8
	10	11			15
	17	18		21	22
	24	25		28	29
	31	1			

Dear Colville Delivery Centre User

Please keep in mind that this postal delivery centre is owned and run by our community and all the people who work here, work on a voluntary basis.

Any donation you can make towards the costs of the services provided would be very welcome.

David Wright

Wright Contracting Services

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Onsite or at my Colville workshop

Phone: 021 100 2767

Email: dewwrightnz@gmail.com





**Coromandel
Community Acupuncture**

Christina Wu

BHSc—*Acupuncture & Chinese Medicine.*

ACC registered acupuncturist. Taichi teacher.

Colville Community Health Centre on Mondays by appointment only

165 Mannion Road, Wyuna Bay Clinic on Mondays, Tuesdays, Wednesdays, and Fridays

Mid winter (22nd June-29th July 2023) special, acupuncture for aches and pains,

\$50 for 45 minutes.

ne: 021 1134 768

Email: christinawu121@gmail.com

www.corocommunityacupuncture.co.nz

Looking for a Midwife?

I'm an experienced midwife who loves living in the beautiful northern Coromandel. I provide community primary midwifery care and cover the upper and western side of the peninsula from Port Jackson to Manaia, including Colville & Coromandel Town.

Sheryl Wright

Moehau Midwives

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moehau.midwives@gmail.com

www.birth.net.nz



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email: davidkim@colville.org.nz



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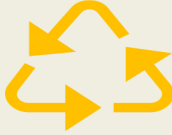
Info@kiwiretreat.co.nz
www.kiwiretreat.com

Accommodation open 7 days

Café & Bar is open from 10am to 5pm, Wednesday to Sunday

Closed Mondays & Tuesdays

Restaurant open with bookings only



Coro Refuse & Recycling Centre

Goldmine Shop

Wednesday & Friday 9.30am - 3pm
Saturday & Sunday 9.30am - 4pm

525 Hauraki Rd, Coromandel
07 866 7616

Handling rubbish, including recyclable items, illegally dumped at the gates of our Refuse Transfer Station (RTS) outside of hours incurs a cost for all our district ratepayers that contributes to driving up the annual rates bill.

Home Help Wanted

Help wanted in the home and garden at Waikawau —please contact

Larisa 021 258 8037 or Shaala 022 465 8904

Farm Shop & Cafe COLVILLE VILLAGE



JULY

Open weekdays 9am to 3pm this month

YAY!!! The days are getting longer!!!

but boy, is it cold out there. What better way to warm up your belly than with a hot pot of slow cooked beef



For those Friday nights when you'd rather not cook...BURGER NIGHT will sort you right out



Happy Hour 4 till 6pm, kitchen open till 6pm

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herefordnapickle@gmail.com Cathy Ward 07 866 6937



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WHAT'S ON IN NORTHERN COROMANDEL?

Regular events

Tuesdays	Yoga with Kate @ Colville Hall 10am.
Wednesdays	Colville Bay Pre-school's Outdoor Adventure Programme
Thursdays	Enliven (Social Programme for Older People) 10am - 2pm @ Colville Junction
Fridays	Wing Chun Kung Fu with Kelvin at Colville Hall, 4pm.
Fridays	Volunteers welcomed to join Colville School's <i>Garden to Table</i> efforts
Sundays	1st Sun of the Month Tennis Club working bee 2 - 4pm

July

July	Mahamudra is taking a rest and will be closed for July. (pg8)
15th-17th	NZ celebrates Matariki (pg6; public holiday Fri 14 July)

August

August	Incredible Years Programme (pg3)
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IMPORTANT NUMBERS

111	Fire ambulance, police emergencies needing immediate assistance
105	Police for reporting incidents not requiring immediate response
0800 CRIMESTOPPERS	for reporting crime (<i>anonymous</i>)
0800 611116	for medical advice or information 24/7
0800 044 334	National Sexual Harm Helpline (Text 4334)
0508 326 459	Sexual Harm - Child/Tamariki at risk
0508 828 865	Suicide Crisis Helpline
0800 543 354	Lifeline (<i>Whatever the issue, here to listen</i>)
0800 111 757	Depression Helpline: free text 4202
0800 688 5463	Outline (<i>all-ages rainbow mental health organisation support line</i>)
0800 376 633	Youthline (<i>free counselling services for young people</i>)
0800 764 766	National Poison Centre
07 8666618	Colville Community Health Centre
07 8666 815	Colville School
07 8666805	Colville General Store
07 8668 319	Colville Bay Pre-school
07 866 8702	Coro pharmacy M - F 8.30am - 5pm; Sat 9am - 1pm



ALCOHOLIC DRUG HELPLINE: Free & Confidential 9am to 10pm everyday **0800 787797**
Open friendly meeting. Anonymity assured, please phone **021 314 467**