

PĀNUI

JANUARY/FEBRUARY 2020

Newsletter for the Northern Coromandel



2311 Colville Rd, Colville, 3584

PHONE: 07 866 6920 cssc@colville.org.nz

HOURS: 10am - 3pm TUES, WED, FRI

Closed MON, THURS

panui@colville.org.nz www.cssc.net.nz

Kia ora e hoa ma,

O my goodness ! What a year! Where did it go? Hope all is prepared for a long overdue relax, or maybe this is the time of year where life is extremely busy, whichever extreme, let's hope the next few months go smoothly without any calamities.



Guidelines for contributions

Contributions are welcome but may not always be used. We may also edit them.

Email us your news, notices, advertisements, jokes, recipes, dreams & handy hints.

Please send in Word or Open Offices (not PDFs). Or post, or drop contributions into CSSC.

Deadline for the next issue:

Sun 16 February

Subscriptions if you live outside delivery area

For an electronic copy (which comes in colour): email panui@colville.org.nz with 'subscription' in the subject line. For a mail copy: email/phone us. Subscription cost for printed copies is \$25 per annum. Contact us on

07 8666 920 or email us at panui@colville.org.nz

Disclaimer: *The opinions expressed in this publication are not necessarily those of CSSC*

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Tues,Weds 10am -3pm

Thurs Closed

Fri 10am-3pm

Closed for lunch 12.30-1pm

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Nathan McCauley

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Pānui editor- Kate Shelley

panui@colville.org.nz



Colville Social Service Collective (CSSC) would like to thank our funders and supporters

CSSC Main Funders



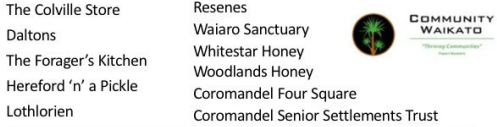
CSSC Funders



If you would like to support CSSC you can donate online with a bank deposit to:

CSSC 38 9009 0798558 00
(and put donation in the reference field)
or contact Larisa
cssccordinator@colville.org.nz

CSSC Supporters



Youth Group update

starts again - term 1, 2020.

For further information contact Elizabeth

021 113 3482



CSSC would like to express our immense gratitude to our funders and supporters

CSSC will be closed on Mondays

In 2020, CSSC will be reducing our opening hours. This is so we can focus more on planning, including:

- Events – such as the Easter Community Festival, Children’s Day and Show Me Shorts Film Festival
- Training – including First Aid Training, Project Planning, Dealing with Challenging Situations
- Projects – including Colville and Beyond and Colville Harbour Care, and
- Programmes – including Youth Group.

We’re very sorry for any inconvenience Monday closures may cause. We hope to see you on our other open days: Tues, Weds & Fri.



COLVILLE HARBOUR CARE
Te Umangawhā o Ngā Waka

2019 BIRD COUNTS – 65 GODWITS RETURN TO COLVILLE BAY IN SPRING



(Picture: Godwits flying at the November Colville Dance.)

More than double the number of godwits were counted in Colville this November, compared to last spring. We cannot say that the population is increasing with only 2 years of data, but it is a hopeful sign. We will continue to do bird counts twice a year to keep track of the godwit and other bird populations in Colville. It is interesting that the number of cockles we measured in our MM2 transects also doubled in the same time period. Cockles are a food source for godwits. Bird counts also showed we still have fern bird, banded rail and bittern around Colville. CHC helped MEG with the Mega-boom bittern survey. Results will be published

when the acoustic recording data has been analysed.

WANT TO PLANT TREES AT YOUR PLACE?



We are beginning to plan for the winter 2020 planting season which runs from May to September. If you have areas of headwaters, river margin, wetlands or steep erosion prone land that you would like to plant, please get in touch.

Contact Beth at CSSC (Wed-Fri):

p- 07 866 6920

e- chccoordinator@colville.org.nz

CELEBRATING OUR ACHIEVEMENTS

We are coming to the end of the first 3 years of the project. We are proud of what we have achieved together with our awesome community, so we are planning a celebration in February. Keep an eye out for posters or follow us on Facebook. [@colvilleharbourcare](https://www.facebook.com/colvilleharbourcare)



The Colville Project

www.thecolvilleproject.nz

As a new year begins, we would like to thank all of you who have been such dedicated supporters throughout 2019. Some highlights of the year...

- Some great (and diverse!) fundraisers helped us get closer to our goal. Among these were a motocross catering event, a gorgeous dinner at Wharf Road in Coromandel, a fishing competition, and a collection of beautiful gift baskets on raffle.
- Generous donations from the community continue to come in for which we are very grateful.
- Attendance at our community meetings in November was good, with great feedback given on the Beca plans, and on what to do/where to go next with the development of the project. Thank you to all attendees.

We will be kicking off the New Year with a fundraising sausage sizzle at the Barry Brickell 'Play With Clay' Day on 25 January at Hauraki House in Coromandel. All ages, free admission, 10-3pm. See you there!

Colville District Darlings

Kia ora, and welcome to a new space that celebrates those from the wider Colville District who have touched our communities and/or our lives in wonderful ways.

January 2020- Colville District Darling: Mr. Fred Look

Nominated by: Seamus Ebbs

For: Huge amounts of generosity and confidence in his own abilities to build bridges.

Plus services to historical structures.

Seamus says: "Our family cannot thank you enough. I know you enjoyed the project, and I enjoyed our time working together."

Has someone from the wider Colville District made a difference in your community/life?

Email us and tell us about it and they will go in the Colville District Darling draw.

Email: panui@colville.org.nz

Subject: Colville District Darling



This month's prize is a Goodie Pack from

**Papa Aroha
Organics**



Kia ora whanau/family & Friends,

Xmas, New Year and the Summer Holidays can be a time for celebrating and spending time with special people in our lives. For others, it can also be stressful and can create vulnerability.



The Right2BSafe Project is a Primary Prevention Project to raise awareness about child sexual abuse and offers simple, helpful and hopeful messages around protecting children.

There is a lot we can do to stop abuse from happening, and if it is happening, it's about breaking the silence.

Prevention strategies

Respect your child/young person's choices over their own body. Let them decide if they want to hug or kiss someone hello or goodbye, or if they would rather shake hands, high five, or wave instead. Encourage a 'telling environment'. Make a rule that there will be no secrets, only good surprises, in your family/whanau.

Are you partying? (With family/whanau, community) Set up safer babysitting (see CAPSHAURAKI.CO.NZ/Safer-Babysitting) or, if the kids are coming to the party make sure there are safe and sober adults looking after them. Keep the kid's space drug and alcohol free. Check in with the kids throughout the party and the next day. Ask if they feel safe.

Staying away from home

Before the sleepover make sure that your child/young person clearly understands personal boundaries and touching rules. Meet the caregivers before they stay. Check out plans for the night including what level of supervision there is. Communicate your expectations around social media activities to your child and supervising adults. Let your child/young person know that they can contact you at any time if they don't feel safe.

Where to get help:

- Immediate danger: Police 111: Child/Tamariki at risk: Oranga Tamariki 0508 326 459
- Concern /support/advice: CAPS Hauraki 07-868 8644
- Do you have harmful sexual thoughts about children and/or harmful sexual behaviours? GET HELP! Call SAFE NETWORK 07 847 055, email info@safenetwork.org.nz
- 'Safe to Talk': National Sexual Harm Helpline 0800 044 334 Text 4334.

Kathy Archibald Right2BSafe Coordinator

Colville PDC News.

The staff at Colville PDC would like to wish everyone a Happy Christmas and say thanks to you all for your support over the past year.

We will be closed on statutory holidays over Summer .



Cheers - Alexandra, Meryl, Ngaire, Nicole & Sherrie.



COLVILLE COMMUNITY HEALTH CENTRE



2299 Colville Rd, RD 4, Coromandel 3584

Phone 07 8666618. Fax 07 8666619 Our txt number for the clinic is 4335

Mon Tues & Thurs 9.00am – 5.00pm / Wed 10.00am - 5pm Fri 9.00 am – 4.00

15th January, & 5th and 19th February 10.00am - 1pm - GP Clinic at Port Charles

For after hours service phone the clinic number 07 866-6618.

Please listen to the message carefully.

The On Call person will be paged by the after hours service.

There is no answerphone service during the hours we are open

Remember - If it's an emergency, dial 111

Kia ora koutou

Hoping everyone enjoys a peaceful and happy Christmas time. Now it is time to make the most of our summer days, especially the long evenings.

A reminder that we will be closed for the 1st, 2nd and 3rd of January. If you require medical care during that time, call the clinic 866 6618, and follow the instructions from the voice message. HML who answer our after- hours phones have asked us to remind you all that they are not able to help you with repeat prescriptions, INR or lab results – they are able to tell you when we are next open though.

Dr Kate is away from the 20th of January for two weeks and we will be having

Dr Fiona Bolden here covering Kate's absence. We would like people to take up the opportunity to see Fiona – sometimes another opinion can be useful, and often a new problem can be better managed if it is seen earlier rather than later. It is pretty helpful for Kate if she doesn't return to a backlog of people who have been waiting for her return.

Our practice nurses will be taking some time out too, to be with their families. We have Nurse Juliana Williams coming for two weeks to fill the gaps. Juliana has been one of our two locum nurses for some time now and many of you will know her already.

January can be a busy time for call outs for the ambulance. Remember that our clinic staff are the PRIME team who go out on these calls, and this can leave patients who have appointments, waiting at the clinic. We apologise in advance if this happens to you. We will do our best if this occurs, to move things around for those waiting at the clinic. Sometimes we need to rebook and our receptionists are skilled at 'massaging' appointment bookings if need be. Let's hope for an event free January!

We have a 6th year Medical student starting with us on the 6th of January. This can be a great help to the team over our busiest time. We look forward to welcoming our students over the next year and we hope that their time here will inspire some to go on to become rural general practitioners into the future.

Until next time, keep safe and well and enjoy the summer time.

Wishing you all the very best for 2020 The team at Colville Community Health Centre.



Mahamudra Centre
for Universal Unity
ph 07 866 6851



www.mahamudra.org.nz

The **21st December** is the Lama Tsongkhapa Day, this year is the 600th year celebration of Lama Tsongkhapa's parinirvana. We will be celebrating by holding our "Community Lunch" at 12pm followed at 3pm by prayers in the Gompa.

The Summer Program retreats offer a variety of topics and levels for those with "an open heart and a desire for a happy life".

For information and to register please visit our website.

Reflecting on Christmas I came across these words from Lama Yeshe;

"When we see each other again on Christmas Eve for the celebration of Holy Jesus' birth, let us do so in peace and with a good vibration and a happy mind. I think it would be wonderful. To attend the celebration with an angry disposition would be so sad. Come instead with a beautiful motivation and much love. Have no discrimination, but see everything as a golden flower, even your worst enemy. Then Christmas, which so often produces an agitated mind, will become so beautiful".

"Cultivating Shamatha and Bodhichitta" - 10 - 15 January 2020

"Transforming problems into happiness"- 24 - 26 January 2020

"The essence of Buddhism"- 31 January - 9 February 2020

"The 16 guidelines for a happy life" - 14 - 16 February 2020

"Cultivating Shamatha and Emptiness" - 21 - 26 February 2020

✚ We are still on the hunt for someone to help with leading simple guided breath awareness meditations (@7am and/or 7pm) or supportive stretching classes, Saturday to Wednesday 10 – 15 January or 21 – 26 February 2020. Any queries for these and other opportunities to spend time at Mahamudra and serve please contact us via <https://mahamudra.org.nz/retreat@mahamudrah.org.nz> or (07) 866 6851.

In between the retreats we welcome visitors to circumambulate the Stupa; enjoy the grounds; visit the Gompa; shop ; library and join us for a meditation or a cup of tea. Accommodation bookings can be made through our website.

Thank you ; Jaki Chalmers and Jan van der Vliet



Colville General Store

December Opening hours
8.30am - 5.00pm
CLOSED CHRISTMAS DAY
8.00am - 7.00pm from Boxing Day



What's been happening these past few months at the Colville General Store? We have now launched our opening of our Zero Waste room. Stock includes both organic and non-organic products, also on display are our fruit and veges. We have an excellent variety of self-service bins for our bulk foods ie sugar, flour, rice, lentils, oats and lots more. Fill up your pantry with your cooking needs sultanas, nuts, dates etc. You are encouraged to bring your bottles to refill for oil and liquid soaps but we do have some to purchase. Bags are available. Every three months we run a Food Club offering stock at a better buying price for bulk, join up with a friend to get a good deal. Give the store a call for details to find out when our next Food Club is due. Don't miss out!

The Colville Store staff

HEART START NEWS

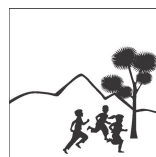
Automated External Defibrillator now available

Community groups have installed an AED (Automated External Defibrillator) or Heart Start in the foyer of the Colville Postal Delivery Centre (next to Colville Store) this is available 24/7 by phoning 111 (ask for Ambulance) where you will be given a code to unlock the padlock of the box housing the AED. Further instructions will be given as you stay on the phone with 111 staff.

Colville Bay Pre-School



Wishing you all a safe and happy holiday
 We look forward to seeing you in 2020!
 Our first term will start on Tuesday 4th of February.
 We welcome new enrolments. Come and meet us.
 Our operating hours are:
 Tuesday to Friday 9am to 3pm during School terms.
 20 Free ECE hours for 3 years and over. WINZ subsidies available.
 Best wishes from the team. Phone – 07 866 8319
 Email – colvillebay.elc@xtra.co.nz



Back Room Gallery Season 2019 Opening

The Back Room Gallery is now forging ahead for

their 2019/2020 season. With Christmas around the corner, the Back Room Gallery offers many unique gift ideas with vouchers also available, so Xmas shopping in Colville has never been easier!

For further information, including current opening hours, follow their Facebook page @backroomgallery or contact: Steve Carson stevecarson29@gmail.com 021 711489 or Hannah White hann.white@gmail.com 021 028 66011.



We have a busy summer and autumn of fundraising events planned, starting with assisting The Colville Project team with a sausage sizzle at the Barry Brickell 'Play With Clay' Day in Coromandel on 25 January (Auckland Anniversary Weekend). For more details see the TCP announcement elsewhere in this issue. Then in February or March we will have that postponed cake competition - look for details on our website and on posters around Colville. Details on other events will be forthcoming when plans are settled, so watch this space.

In 2019 we had some truly wonderful items up for raffle, and we thank all who donated. If anyone has items they think would make good prizes, don't be shy, bring them in! Remember, all funds raised go to the building fund.

We are still looking for new trustees, so if you or anyone you know has time, skills and experience in governance and financial management, we would like to hear from you.

We wish all of you a safe, happy and healthy New Year - may 2020 be the best yet!



HAPPY NEW YEAR!

Our Very Own Medal Recipient

We were super excited to be informed that Lettecia Williams, our MEG Chairperson, was a recipient of a 2020 Kiwibank Local Hero award. She attended the ceremony in Tauranga to collect her award. After dedicating the past 20 years to conservation on the Coromandel Peninsula this is certainly well deserved. Congratulations Lettecia!

Successful MEG AGM

After our recent AGM we're delighted to have 3 new committee members. All our previous committee chose to stay on board as well. So with a mix of old and new talents, after nearly 20 years of working to protect and enhance the natural environment of the Northern Coromandel Peninsular, it's good to know that MEG is in good hands and looking as strong as ever!

Summer Holiday Programme

Our Summer Holiday Programme kicked-off at the Keltic Fair on 2nd January, with visitors getting their photo taken with Koru the kiwi! We have over 20 family friendly activities planned this summer, taking place in Coromandel town,

Waikawau Bay and Port Charles. There will be the old classics, like the Starlight Cinema at the Woolshed in Waikawau and some new additions; making weeds into paper, tee-shirt printing, clay critters and building tracking tunnels. Hope to see you there!

Tree Release with Colville School

Another fun morning was spent with Colville school before the end of term last year. We headed up to the Children's Forest at Waikawau to release the trees that the children planted there earlier in 2019.

Such a hard working bunch of kids that the weeds were dealt to in record time, which meant we had time for a swim at Little Bay afterwards.

MEG has been holding an annual planting day at the forest with the Colville School kids for well over 10 years and the area is starting to look pretty special with natives of varying ages taking over from the kikuyu grass and weeds that had been growing rampant there.

From the team at Moehau Environment Group

info@meg.org.nz

www.meg.org.nz

Coromandel Christmas Art Exhibition

Dec 15 to Jan 11

10am to 4pm Daily (Closed Christmas Day)

Hauraki House, Coromandel

Works by many local artists

Northern Coro Rubbish Collections for Jan & Feb

FRI 27



TUES



FRI



TUES



Please leave blue rubbish bags on the ground, do not overfill green bins of glass, swap your broken/cracked bins at the Coro Council Office. Thank you.

525 Hauraki Rd, Coromandel.
07 866 7616

Coro Refuse & Recycling Centre, & Goldmine shop.

Hours:

Monday	11am–4:30pm
Tuesday	11am–4:30pm
Wednesday	11am–4:30pm
Thursday	11am–4:30pm
Friday	11am–4:30pm
Saturday	10:30am–5:30pm
Sunday	10:30am–6:30pm

Summer collections start 26 December

Finish 8 February.

Rubbish out by 7.30 am. Have fun !



January Opening Hours

CLOSED MONDAYS

TUESDAY—SUNDAY

10am—9pm

February Opening Hours

CLOSED MONDAYS

Tuesday—Thursday & Sunday

10am—5pm

Friday & Saturday

10am—7pm

1299 Port Charles Road, Coromandel

www.kiwiretreat.co.nz

(07) 866 6614

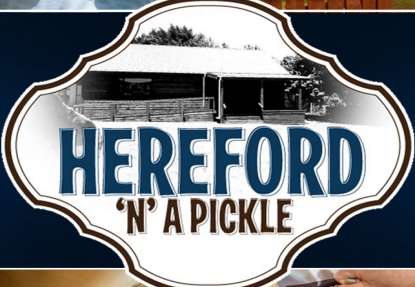
info@kiwiretreat.co.nz



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colvillelawns@gmail.com



WELCOME TO 2020!

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homemade baking and award winning
coffee.*

*Great people, great atmosphere
and a great place to eat and relax.*



Relax & Revive Coromandel

www.relaxcoro.co.nz

Certified Massage Therapist
Relaxation Massage

**Jan is working from the tranquil surrounds
of the Tangiaro Kiwi Retreat, Port Charles**

By appointment
Email: info@relaxcoro.co.nz
Ph 021 268 6198



HIMALAYA SHOP

Hi everyone,

HAPPY NEW YEAR ! Hope you all have a good one.

We are open every day from 10 - 5 in January & from 10 - 4 in February.

07 8666 865 or 021 139 7838 robnet@yahoo.com

Looking for a midwife?



Carey Aburn and Sheryl Wright are experienced midwives living in the beautiful Northern Coromandel. We cover the upper and western side of the Coromandel peninsula from Port Jackson to Waiomu Bay, including Colville & Coromandel Town.

Moehau Midwives

Phone (022) 500 1310 www.birth.net.nz moehau.midwives@gmail.com



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Holidays 2140 Colville Road, Colville Coromandel
(2 minutes drive, 1.7km South of the Colville
General Store towards Coromandel Town)

Follow the signs at the front Gate.

\$4 per wash \$4 for 45 minutes approx drying time.

Takes \$1 and \$2 coins.





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Contact: Jamie Butler

022 6728 298 or 021 1602 295

Jklbutler7@gmail.com

Maintenance Decks

New builds Renovations (small or large)



D & K HOME IMPROVEMENT HANDYMAN

Ph. David Porter 027 224 8925

email: davidkim@colville.org.nz



Bryan: 021 799 056

www.gardentools.nz



Joanna: 021 739 398

LIFETIME GUARANTEES



The Forager's Kitchen

2314 Colville Road, Colville

07 8666 697

theforegekitchen@gmail.com



Hi All, we are back on deck and have wonderful new menu items for this season.
We look forward to seeing you all again.

Mon to Sun - 9am to 4pm

Friday - 9am to 9pm

BYO Licensed

CommunityLawWaikato

TE TIKI TONGA - A HAUORI O BAKARATO

Part of the National Community Law Network



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(*Eligibility Criteria applies)

ph: 0800 529 482

visiting Thames
fortnightly

12.30 - 2

No act of kindness,
no matter how small,
is ever wasted.



WHATS ON IN THE NORTHERN COROMANDEL Regular Events

Tuesdays Yoga, Colville Hall 10am.
Thursdays Enliven, CSSC. Back 16 Jan.

December Events

Sat 21 Free Community lunch at Mahamudra - Noon.
Sat 21 Music Club fundraiser - 6pm.

January Events

Wed 2 **Celtic Fair.** Coromandel School.
Sat 10 -15 **Cultivating Shamatha & Bodhicitta.** Mahamudra Centre.
Fri 24 - 26 **Transforming problems into happiness.** Mahamudra centre.
Sat 25 **Play with clay day.** Hauraki House 10 - 3pm & **Colville Project** sausage sizzle.
Fri 31 - 9 Feb **The essence of Buddhism.** Mahamudra Centre.

February Events

Tues 4 Pre school begins.
Fri 14 -16 **The 16 guidelines for a happy life.** Mahamudra Centre.
Fri 21 -26 **Cultivating shamata and emptiness.** Mahamudra Centre.

March Events

Sun 1 - Children's Day celebration. Details TBC.

IMPORTANT NUMBERS

111 Fire, ambulance, police emergencies needing immediate assistance
105 Police - for reporting incidents not requiring an immediate response
0800 CRIMESTOPPERS for reporting crime (anonymous)
0800 611 116 For medical advice or information 24/7
0800 787 797 Alcohol Drug Line 24/7
0508 828 865 Suicide Crisis Helpline
0800 543 354 Lifeline
0800 111 757 Depression Helpline: free text 4202
0800 688 5463 Outline
0800 376 633 Youthline
0800 764 766 National Poison Centre
07 8666 920 Colville Social Service Collective
07 8666 618 Colville Community Health Centre
07 8666 615 Colville School
07 8666 805 Colville General Store
07 8668 319 Colville Bay pre school