



www.cssc.net.nz

SEPTEMBER 2021 - N° 9

PĀNUI

Newsletter for the Northern Coromandel

We have moved into Alert Level 3, along with everywhere in Aotearoa NZ south of Auckland.



Colville at Alert Level 3

We have been incredibly fortunate to have had no cases of Covid-19 on the Coromandel this time! Thank you to all that everyone in our community has done to keep each other safe during this time and the care that people have shown to each other.

This has highlighted how quickly the virus can spread and the importance of keeping track of where we go. As we open up a little more at Alert Level 3, we are asked to:

- ▶ Work from home if we can,
- ▶ Keep our bubble as small as possible (if needed it can be expanded to bring in close family, isolated people or caregivers),
- ▶ Wear a face cover when visiting a business that is open, healthcare facilities, government agencies and social service providers,

▶ If you have cold, flu or Covid symptoms, call a health provider (this can be the 0800 358 5453).

At this time we can only go into Auckland if the purpose of travel meets the limited specified criteria (such as returning to live in Auckland).

For more information on these, and everything related to Covid, please refer to the government website <https://covid19.govt.nz>

Please feel free to phone or email us **at CSSC** if you want help and advice at this time.



Editor

It's been a wake-up call seeing Covid coming so close to our community. A reminder of how it's like all around the world and how quickly things can change.

Take care,

Marine

**CSSC is closed at Alert L3.
We will reopen at Alert L2 - and look forward to welcoming people in then.**

Guidelines for contributions

Contributions welcome, but may not always be used. We may also edit them.
Email your news, notices, advertisements, jokes, recipes, dreams & handy hints.

Please send in Word or Open Office (not PDF's).
Or post or drop contributions into CSSC.

Deadline for the next month Tues 21 September

For an electronic copy (which comes in colour), email: panui@colville.org.nz with 'subscription' in the subject line.
For a mail copy: email/phone us.
Subscription cost for printed copies is \$25.00 per annum.

If you would like to support CSSC, you can donate online:
38 9009 0798558 00
(and put 'donation' in the reference field)
or contact Larisa
cssccordinator@colville.org.nz

Contact Information

Phone: 07 8666 920
Email: cssc@colville.org.nz
2311 Colville Road, RD4
3584 Coromandel
www.cssc.net.nz

Hours:

Tues, Weds, Fri 10am - 3pm
Closed for lunch 12.30 - 1pm
Closed Mon & Thurs

Manager - Larisa Webb
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021 258 8037

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Colville Harbour Care Nursery
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csscgrants@colville.org.nz

Moehau Ki te Moana Coordinator
Vanessa Edelsten
coordinatorvanessa@colville.org.nz

Colville Social Service Collective (CSSC) Would like to thank our funders and supporters :

CSSC Main Funders



CSSC Funders



CSSC Supporters



COLVILLE HARBOUR CARE
Te Umangawhā o Ngā Waka

Nursery worker vacancies

We are looking for 4-5 people for short term work filling pots at the nursery, starting end of September.

Contact Beth on **021 237 8678** or chccordinator@colville.org.nz

Follow us on Facebook for details
[@colvilleharbourcare](https://www.facebook.com/colvilleharbourcare)

A big thank you

To Joanna Pearsall & Bryan Innes for the generous donation of a hand scythe from 'The Garden Tool' Store. It is whacko at clearing back the kikuyu around our CSSC house so we can plant some flowers. Any plants warmly received!

What have you been up to?

We would love to hear about **your lockdown experience**.

If you feel like sharing, please send us a few lines AND, especially, a picture to illustrate your words and describe your lockdown experience. It could be a personal project you've been working on, a moment shared within your bubble, the last book you read... whatever's been the highlight of those past few weeks!

We will publish one of the pictures received in the October edition of the Pānui. Remember to send your contribution before the **21st of September!**

"Create things to look forward to"

"One of the important things you need to do right now if you're in lockdown is to plan something, when you go to bed at night, think to yourself, 'What am I looking forward to most tomorrow?'"

It could be a call with a friend, an hour to read your favourite book, a walk with your kids; whatever gives you a sense of anticipation. Optimism is a big part of being happy.

Hugh van Cuylenburg, The Resilience Project



Parents and whānau of youth in our community

As part of my role as Youth Development Coordinator at CSSC, I have been talking to young people about what they would like to see happening for youth in the area. I'm also interested in hearing what parents/caregivers, and other community members in Northern Coromandel, see as the needs of young people growing up in this area, particularly focusing on teenagers and young adults in the 12-26 years old age group.

What would you like to see being offered to young people in this area? What needs do you see in young people that we, as a community, can help to meet? Do you have any skills or time you would like to offer voluntarily to be part of supporting young people or in helping create new initiatives for and with young people?

I would love to hear from you.

Please email me at colvilleyouthcdw@gmail.com or phone 0210634828.

Nga Mihi,
Maria Dove

TREE PLANTING THIS SEASON



COLVILLE HARBOUR CARE
Te Umangawhā o Ngā Waka

You might have seen the truck buzzing around town full of trees. It's been a quieter season this year, but we've planted 4000 native plants in Papa Aroha. That brings our grand total to 35,000 trees planted in four years. The nursery has done a great trade selling out all 15,000 trees this year. They have mostly been sold locally. Thank you for your continued support.

Beth



Potting party at the nursery last year.

Next potting parties

Join us at the nursery for the famously good time filling pots, listening to good beats and eating yummy food with your friends!

And we have our very own DJ Kerry spinning some tunes.

Sat 25 September 10am – 2pm
Sat 16 October 10am – 2pm



Refuse Transfer Stations are open under Alert Level 3 at their normal hours, but with a limited service.

For more info,
Check out <https://www.tcdc.govt.nz/>



Moehau ki te Moana Project : fresh water restoration

Kia ora koutou!

We wanted to introduce ourselves and announce that the freshwater restoration initiative Moehau ki te Moana is underway and off to a wonderful start!

This exciting project, which is funded by the Ministry for Environment, focusses on the protection and revitalisation of the precious waterways of the Moehau and Colville regions.



*Our project coordinators,
Cassidy Connor & Vanessa Edelsten*

Moehau ki te Moana will work in partnership with landowners, and in close collaboration with iwi partners, to integrate mātauranga Māori in delivering approximately 37km of fencing, 75,000+ native plants, 120ha of pest control, a robust environmental monitoring plan and an engaging programme of community seminars. Fencing, planting and water reticulation activities have already begun on a number of farms in our area.

We will be announcing a programme of exciting seminars focussed on the benefits of freshwater improvement soon, so stay tuned!

If you would like to contact us, please don't hesitate to get in touch via csscgrants@colville.org.nz or coordinatorvanessa@colville.org.nz or phone us at CSSC on 07 8666 920.

Vanessa & Cassidy



Looking over to Mt Moehau, from Little Bay.



Hello everyone,

Isn't it amazing how quickly and unexpectedly things can change?

My main news this month is about rescheduling our **AGM** advertised in the last Pānui as taking place on 8 September and is **now tentatively scheduled for 29 September, at 1PM in the Colville Hall**, depending on where we are with Alert Levels.

Cross fingers all will be well by then. If this date must change, we will endeavour to let people know as early as possible. Keep an eye out for posters around town and for emails from the Health Trust if you are subscribed to our website (www.colvillecommunityhealthtrust.com). If you are not yet subscribed, please do so soon, as emails directly to that subscription list are the best way for us to contact you quickly!

Also rescheduling **The Great Colville Re-Fashion Show**.

New date to be determined when we are getting closer to Alert Level One. Again, keep an eye out for information from the sources mentioned above.

Hold onto your tickets, or email colvilletrustmanager@gmail.com or phone **078666618** and leave a message if you would prefer to have a refund.

Take care, Emily

Where were you '81?

by John McWilliam

Forty years ago this month, the country was split apart by the controversial Springbok Tour. For many, it was the most divisive event they had ever seen, pitting those who opposed politics in sport against those who opposed apartheid.

In spite of signing the Gleneagles Agreement, Prime Minister Muldoon's decision to allow the tour to go ahead, placed New Zealand on the wrong side of international opinion, while at home friends, family and communities were divided. It radicalized the nation and the scars took years to heal.

It was a matter of being at the right place at the right time; Onslow Road Auckland, September the 12th 1981, the day of

the last test match. I was a young photographer at the time, eager to document what was to prove to be one of

the most important moments in New Zealand history. The protestors were determined to make a last ditch effort to stop the Tour and the Police were determined that they shall not. It was all out war but I called it the "The Battle of Onslow Road".

To mark the 40th anniversary I am exhibiting

the photographs I took that day. The exhibition at Hauraki House opens at **5pm on September 10th** and will run through the weekend.

Come along and remember where you were in 1981, or if you weren't born then, learn a little Kiwi history.



September the 12th 1981, the day of the last test match, by John McWilliam



COLVILLE COMMUNITY HEALTH CENTRE

2299 Colville Rd, RD 4, Coromandel 3584

Phone 07 8666618. Fax 07 8666619 Text number for the clinic is 4448

Mon, Tues & Thurs 9am – 5pm/ Wed 10am - 5pm/ Fri 9am - 4pm

For the after hours service, phone the clinic number 07 866-6618.

Please listen to the message carefully.

The On Call person will be paged by the after hours service.

There is no answerphone service during the hours we are open



This is what our dynamic team is made up with :

Dr Kate Armstrong - Dr Annette Steele - Teresa Carrington (*Nurse Practitioner*) - Missy Takizaki (*Practice Manager*) - Lil Takizaki (*Cultural Facilitator*) - Rosemary Garland (*Finance*) - Talei Russek (*Registered Nurse*) - Niki Pucci (*Registered Nurse*) - Juliana Williams (*Registered Nurse*) - Diane Morreel (*Registered Nurse*) - Hannah White (*Receptionist*) - Kate Campbell (*Receptionist*) - Michelle Dellabarca (*Relief Receptionist*)

Happy September Clinic, Exciting news!

Spring is on the way! Dr Annette Steele’s days will be Monday, Tuesday and Thursday.

Dr Kate’s days will be Monday, Tuesday and Thursday from July onwards. There is no DR here on Wednesday or Fridays, this is nurse led clinic with GP back up if needed by phone.

Welcome to the team in July are Missy Takizaki (Practice Manager) and Lil Takizaki (Cultural Facilitator), these 2 woman are dynamic and bring a lot of skills and knowledge and are an amazing part of our team.

Prescriptions - please try and get these requests done on the days that there is a DR. Requests can be made through ManageMyHealth or by email/text as usual. Please make it clear if you will pick up from the pharmacy or have the RD bring it out.

We have 5th year medical student, Sam, whom started in August with us. Please make yourself known to him. As we are a teaching practice, feel free to let us know if you don’t wish to have our student attend you or sit in on your appointments. Further updates regarding our medical students to come.

Blood tests - only to be requested by the Dr or nurses. If you want specific tests, then

these must go through our Dr’s or a recall system set up by the DR or Nurse Practitioner to be followed by all staff.

Covid vaccination. Our clinic won’t be administering them because Te Korowai will be doing this however due to the current situation please contact Hauraki PHO

This service is supported by the clinic but looked after by Colville Community Health Trust.

Clinicians regular and upcoming :

- Christina Wu – Acupuncture (Mondays) 0211134768
- Rachel Benmayor – Counselling (Thursdays afternoons) 0224107227
- Lisa Gruythuysen – Contact care (monthly Thursday) 0274038026
- Dan Judd – Acupuncture (tba – Thurs/Frid) 0220705081
- Di Hayes – Homeopath (Weds monthly) 0226727938

Cervical Smears – we have RN Diane doing smears once a month on a Monday (dates are 20 September and 11 October 2021). Please book in if you are overdue.

Afterhours calls – Our staff cover the afterhours calls 24/7. If you don’t get to speak to one of our team and are transferred elsewhere, please let us know.

Big Thank you to all who support our clinic.

**COLVILLE BAY
PRE-SCHOOL**
Charity Inc.



Te Umangawha taku whare ako. Haere Mai! Welcome!

Looking to give the best start to your child? Enrol at Colville Bay Preschool for fun and learning!

We have spaces available currently and happy to show you around. We welcome every child from 0 to 6yo.

Enjoy our Bush Kura programme Wednesday mornings, yoga class Thursdays, songs and movement with Brooke on Tuesdays, and Kapa haka with Brandon on Fridays.

On Wednesday mornings we also have a Parents & Toddlers group from 9 to 12. Families welcome to join us to meet other whanau and familiarise their children with our preschool environment. We have a multi-talented teaching team, this term, welcoming our newest Kaiako 'Bronnie' and her special skills in educating gifted

children, drama and nature pedagogy.

Open Tuesday to Friday 8:45am to 3pm during School terms.

20 hours Free ECE for 3 years and over. WINZ subsidies available.

► Enrolments and inquiries please contact our Head Teacher/ Centre Manager Esther: cbpreschool@xtra.co.nz

► Check out our new website: www.colvillebaypreschool.co.nz

Colville Bay Pre-school is a not-for profit charity set up as an incorporated society, owned and run by our community.

Want to support our wonderful centre?
Donate online: 38-9005-0803508-02.

2391 Colville Road, Colville
(Behind Colville School)

Do you need childcare beyond these hours?

Do you need transport for your children to or from Coromandel? Talk to the Governance team :

► our Chair Kimberley Knight
chairperson@colvillebayprechool.co.nz

► our Secretary Vanessa Edelsten
secretary@colvillebaypreschool.co.nz

Weed Busting in the Papa Aroha Reserve

By Linley Rose, Annette Steele & Carol Sutherland

Mid-July on a clear Sunday morning 12 local supporters of the Papa Aroha Reserve gathered all tooled up for a power 2h of weed control to rid the reserve of the non-native interlopers. Many phoenix palms and willows were felled. Pampas, mexican devil weed, loquat, montbretia, agapanthus and ivy were removed. A very large trailer was filled to overflow in no time.



Of course there's never a working bee without a cuppa, scones and cake. Another 2h were spent enjoying convivial conversation, and the delicious spread provided by a supportive Weed Buster. This was a great example of how many hands make light work and how quickly we can make a significant difference to improve our local environments. A big public shout out to all of those involved.

Thank you!

THE COLVILLE **ART SHOW**

@ the iconic Colville Hall



The **Colville ART Show** is shaping up.

We have commitments from a good range of artists exhibiting: painting, jewellery, ceramics, weaving, and photography. Artists include - Tracy Johnson, Steve Carson, Briar van Dort, Lindsay Garmson,

Louise Penberthy, Rod MacLeod, Vonnie Ball, Sam Ireland, Jane McAlister, Nici Greulich, Graeme Fraser, Stephanie McKee and maybe more...

There will also be an area set up where visitors will be able to see and try out different art tools, paint, draw, colour mix, linocuts, printing, etc.

All enquiries to Lena - colvillecommunity@gmail.com

2nd - 10th October

10am – 4pm daily

Fingers crossed we will be down to Level 2, or even better Level 1, by the end of September. We can hold the Exhibition in Level 2 with the scan/sign/mask/# of people in the venue at the same time etc.

All to ensure everyone's safety. Stay in Tune!

'GARDEN' Market Day, on 23rd October 2021.

Remember The Garden Market Day is coming next month!

Interested in having a stall at the Garden Market Day?

Can you donate something for our quick raffles?

Money raised from these raffles will go to the Colville School for their Kitchen and Garden learning programmes.

Come to buy, sell, browse.

All interested should contact Lena to book a place.

Email: colvillecommunity@gmail.com

Permaculture design course - 1st to 16th October

Want to learn how to live a rich, abundant, healthy life by working with life systems and contribute to ecological recovery?

From 2 days introduction to a full 2 weeks course (rewarded by a Permaculture Design Certificate) you'll be taught by Jo Pearsall, Bryan Innes and friends.

More info and booking :

www.gardentools.nz/workshops



The Garden Tool Store

Conservation Report : Upper Coromandel Landcare Association

UCLA members trap and hunt thousands of acres of land around Moehau. We live here, we hunt kai here, we grow healthy food here. We do not support the use of residual poisons in our wilderness.

Regarding this month's scheduled Moehau poison drop, the balance of nature will be disrupted: rats and mice decline suddenly so stoats turn to eggs and chicks. Sweetapple and Nugent (NZ Journal of Ecology 2007) showed "mean ship rat abundance indices increased nearly five-fold after possum control..."

Kiwi survival statistics in 2006, on the Moehau Kiwi Sanctuary showed sub-adult averages of 95% per year since 2000, all without aerial 1080. "A simple recipe of predator trapping backed by kiwi chick survival monitoring and hard work on the hill, has produced this exceptional result.", according to

DOC's own John Gaukrodger who announced in 2007 "600 kiwi on the mountain."

Red Admiral Ecology 2010 survey report for DOC states "the population modeling suggest that if all dog related predation of kiwi was eliminated there would now be almost no need for stoat control to maintain a stable population of kiwi."

A \$13.40 per ha. subsidy for trappers is all it would take according to Chris Jones in Kararehe Kino Vertebrate Pest Research. "Aerial control does not deliver any socio-economic benefits to local communities, whereas a harvest industry could provide secure long-term employment where it is most needed and support local communities' kaitiakitanga of their forest environment."



Mahamudra Centre for Universal Unity

2183 Colville Road
Ph 07 8666851
www.mahamudra.org.nz



September Events

Monday 1 st & Thurs 16 th	4pm - Guru Puja with Tsog
Friday 3 rd to Sunday 5 th	Weekend retreat
Monday 6 th	4pm - Medicine Buddha Puja
Tuesday 14 th	4pm - Tara Puja
Friday 17 th - Wed 22nd	6 Day Silent Retreat
Every Tues (7th, 14th, 21st, 28th)	2-3.30pm Online retreat with Venerable Robina Courtin

May all beings be well and happy.

All on-site events cancelled under L3. Check out our website for online courses.



Measuring our Mahi

After the distribution of 1000 new rat traps last month in the extended MEGa Rat Attack area near Port Charles, we are almost ready to start trapping.

The final step before we can begin the extended trapping programme is the set-up of vegetation plots to monitor the difference our mahi makes. Our team has started counting seedlings in plots at control sites (outside the trapped area) and those within the MEGa Rat Attack zone as a baseline. We are measuring forest regeneration and we expect that the area where we remove rats will have more seedling recruitment than the untrapped area. The plots will be monitored by our hard working field team.

Remember you can stop at the kiwi platform on the way to Port Charles and look out over the new MEGa Rat Attack area – now with 430ha under rodent control. Once again a huge thanks to our field team and our volunteers for all their mahi.

Ferrets – A new menace!

In conjunction with DOC we are about to begin a programme targeting ferrets after two were caught earlier in the year in the Waikawau Bay area. Ferrets are the largest mustelid species in New Zealand and have not traditionally been an issue for our area, however, they do pose a risk

to our native species, so we are moving quickly to deal with the issue.

Starting in the Waikawau Bay area and focussing on the farm/bush margin, we are installing 26 ferret traps interspersed with our existing stoat traps, and using better lures and fresh meat baits (a ferret favourite). We will continue the trapping



Installing ferret traps at Waikaway Bay

and ongoing surveillance operation aided with trail cameras and assistance from DOC.

Winter Lecture Series

On Sunday September 5th, we

are wrapping up our successful Winter Lecture series with a final session presented by Professor Bruce Clarkson on “Bringing Indigenous Nature Back Into New Zealand Towns and Cities’. Bruce is an expert in the area of restoring indigenous nature in urban environments so please come along and join us at the Pepper Tree Restaurant at 7pm to hear him speak on this fascinating topic. This event is free, but koha is welcome.

From the team at Moehau Environment Group

info@meg.org.nz

www.meg.org.nz

5th September lecture will not be happening due to L3 restrictions, stay tuned for any new date later on.

C.L.A.I.M. AGM

Thurs 16 September

Coromandel Lobby Against Indiscriminate Mining invites you all to the AGM at the Herefordn Pickle at 1pm.

New members warmly welcomed. An update on the current local situation will be presented.

May be postponed depending on which level we're under



We are gearing up for a summer season of sailing!

There is a sign-up sheet in the Colville Store to register your interest – the more the merrier!

T-shirts are for 'sail' -- \$25 Colville pickup and \$30 posted anywhere in NZ.

You can grab one from the front desk at CSSC or call Kimberly on 021 029 49040

100% of profits go to keeping youth sailing free for every kid in Colville.

Northern Coro Rubbish collection for September

Tues 7



Tues 14



Tues 21



Tues 28



Coro Refuse & Recycling Centre

Goldmine shop is TEMPORARY CLOSED

Wednesday & Friday 9.30am - 3pm

Saturday & Sunday 9.30am - 4pm

525 Hauraki Rd, Coromandel

07 866 7616

Handling rubbish, including recyclable items, illegally dumped at the gates of our Refuse Transfer Station (RTS) outside of hours incurs a cost for all our district ratepayers that contributes to driving up the annual rates bill.

David Wright

Wright Contracting Services

General & Heavy Engineering including:

- Welding
- Machining/ Fabrication
- Hydraulics
- Machinery Repair/ Maintenance

No job too big or small!

Onsite or at my Colville workshop

Phone: 021 100 2767

Email: dewwrightnz@gmail.com



COLVILLE STORE



Ph 07 866 6805

colvillegeneralstore@gmail.com



Due to Covid-19 Level 3 restrictions the Store has changed the hours of business:

Monday to Sunday 9am to 4pm.

We will only accept 2 people in the store at a time. They must be wearing a mask and scanned or signed in. Also remember to sanitise when entering the store.

For those interested in Casual work over summer to ask staff for forms.

Finally, thank you for your support and stay safe!

The Colville Store team



**Coromandel
Community Acupuncture**



Winter is here with all the aches and pains. We have positive results of acupuncture for pain relieve and among others. I will continue to strive to make acupuncture accessible and affordable in our community.

Christina Wu, ACC registered acupuncturist

Tiki House, Coromandel on Wednesdays/Thursdays

Colville Community Health Centre on Mondays.

Phone: **021 1134 768**

Email: christinawu121@gmail.com

www.corocommunityacupuncture.co.nz

Looking for a Midwife?

I'm an experienced midwife who loves living in the beautiful northern Coromandel. I provide community primary midwifery care and cover the upper and western side of the peninsula from Port Jackson to Manaia, including Colville & Coromandel Town.

Sheryl Wright

Moehau Midwives

Phone 022 500 1310

moehau.midwives@gmail.com

www.birth.net.nz



David's Handyman & House Painting Services



Before

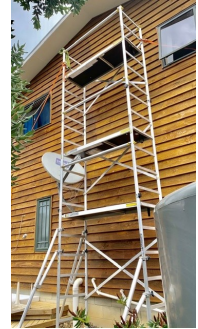


After

Interior & Exterior House Painting
Rot & Gib Repair
Water Blasting or Soft Wash
Deck Repairs & Staining
And much more...

Free Quotes

Contact David Porter Ph: 027 224 8925
email: davidkim@colville.org.nz



FARM SHOP

COLVILLE VILLAGE



100% HEREFORD BEEF BURGERS * HOT CHIPS * COFFEE * BAKING *
PICKES 'N' JAMS * LOCAL ART * REAL FRUIT ICECREAM * MEAT

2318 Colville Road, RD4 COROMANDEL 3584

herefordnapickle@gmail.com Cathy Ward 07 866 6937

www.kairaumatipolledherefords.com



Like us on
f Facebook

1299 Port Charles Road,
Coromandel
07 866 6614



Info@kiwiretreat.co.nz
www.kiwiretreat.com

Accommodation open 7 days

Café & Bar is open from 10am to 5pm, Wednesday to Sunday

Closed Mondays & Tuesdays

Restaurant open with bookings only.

*** NEXT DARTS NIGHT Saturday 25 September ***

Registrations from 5-30pm

Please call for any info about how we process under L3 & L2

Relax & Revive Coromandel

www.relaxcoro.co.nz

Certified Massage Therapist

Relaxation Massage

Jan is working from the tranquil surrounds of the Tangiaro Kiwi Retreat, Port Charles

By appointment

Email: info@relaxcoro.co.nz

Ph 021 268 6198



Jo & Bryan aim to provide high quality tools from around the world to support gardening with efficient hand tools.



Ph 021 739 398
www.gardentools.nz

White Star Honey



Producing Local Delectable Honey

Available from Colville General Store or direct at White Star Station / Colville Farm Holidays.

Contact Tellic **021 770 382** or e-mail wshoneynz@gmail.com

Self Service Coin Operated Washing Machine & Dryer

OPEN 7 days

Available at White Star Station / Colville Farm Holidays 2140 Colville Road, Colville, Coromandel (2 min drive, 1.7km south of the Colville General Store towards Coromandel Town)

Follow the signs at the front Gate.

\$4 per wash / **\$4** for 45 min approx. drying time. Take **\$1** and **\$2** coins.



WHATS ON IN NORTHERN COROMANDEL?

Regular events

Temporary on hold until further notice

- Mondays** Tai Chi with Christina Wu @ Colville Hall - 4.10pm at L2 & L1. *max 6 people*
- Tuesdays** Yoga with Kate @ Colville Hall - 10pm at L2 & L1
Aikido for kids @ Colville Hall - 3.15 - 4.15pm
- Wednesdays** Qi Gong @ Mahamudra Centre - 8am
- Thursdays** Enliven (Social Programme for Older People) - 10am *resume after roadworks*
Sunset Yoga (in term times) with Vanessa @ Colville School Hall 5 - 6.15pm
Suspended at the moment - back mid Oct

September

- 3 & 4 Sept Goldrush Rally of Coromandel - *CANCELLED*
- Sun 5 MEG Winter Lecture @ Pepper Tree Restaurant - 7pm - *CANCELLED*
- Fri 10 John McWilliam's exhibition opens @ Hauraki House - 5pm
- Thur 16 C.L.A.I.M. AGM @ Hereford 'n' Pickle - 1pm
- Sat 25 Potting party @ The Nursery - 10am to 2pm

Events might be cancelled or postponed due to Covid until L2 or L1

Later this year

- 1 - 16 Oct Permaculture Design Course
- 2 - 10 Oct Colville Art Show @ Colville Hall
- 16 Oct Potting party @ The Nursery - 10am to 2 pm
- 23 Oct Garden Market Day @ Colville Hall

IMPORTANT NUMBERS

- 111 Fire ambulance, police emergencies needing immediate assistance
- 105 Police for reporting incidents not requiring immediate response
- 0800 CRIMESTOPPERS for reporting crime (*anonymous*)
- 0800 611116 for medical advice or information 24 /7
- 0800 787 797 Alcohol Drug Line 24 hours 7 days
- 0508 828 865 Suicide Crisis Helpline
- 0800 543 354 Lifeline (*Whatever the issue, here to listen*)
- 0800 111 757 Depression Helpline: free text 4202
- 0800 688 5463 Outline (*all-ages rainbow mental health organisation support line*)
- 0800 376 633 Youthline (*free counselling services for young people*)
- 0800 764 766 National Poison Centre
- 07 8666920 Colville Social Service Collective
- 07 8666618 Colville Community Health Centre
- 07 8666 815 Colville School
- 07 8666805 Colville General Store
- 07 8668 319 Colville Bay pre school
- 07 866 8702 Coro pharmacy M - F 8.30am - 5pm; Sat 9am - 1pm

ALCOHOLIC DRUG HELPLINE

Free & Confidential 9am to 10pm everyday **0800 787 797**

Open friendly meeting. Anonymity assured, please phone **021 314 467**